

Post-Op Instructions
Verrucous Papules



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Molluscum Contagiosum:

Molluscum Contagiosum are part of the wart family. Generally, their appearance is dome-shaped with a tiny depression in the center and they can occur anywhere on the body. These growths are harmless, but are highly contagious and will spread if left untreated. This condition is very common in children.

Verruca Vulgaris (Warts):

Warts are a viral infection, where the skin reacts to form a firm, skin-colored growth. Warts are contagious and can be transferred by direct contact with an infected person. Warts can occur anywhere on the body and affect all age groups.

Treatment Options

Liquid Nitrogen (Freezing or Cryotherapy): This involves having a very cold spray applied to the lesion. This can be painful (topical anesthetic can be applied before or after treatment). After treatment the area may form into a blister. The blister can be popped with a sterile needle, and covered with a dry bandage. You can resume normal activity; it is fine to get the area wet. It generally takes 4-6 treatments for the wart to resolve, treatments are done 3-4 weeks apart.

Canthacur: This involves having a liquid medication applied to the lesion, which causes an allergic reaction and makes the body fight the wart. The medication will be left on for a specified amount of time (your provider will let you know how long), and then it is washed off with soap and water. Applying the medication is not painful, but a blister may form hours or days later. You can resume normal activity; it is fine to get the area wet (after the medication has been washed off). It generally takes more than one treatment for the wart to resolve, treatments are done 3-4 weeks apart.

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Aldara cream: This cream is a prescription that is applied by the patient/parent at home three times a week to the affected area. This medication can be used in conjunction with the above treatments. The medication comes in very tiny packets, but only a small amount is needed, you may save the packet in a zip lock bag for continued use. The medication works by creating an immune response within the body, which helps the body fight the wart virus. Used by itself, it may take several weeks to months for the wart to resolve.

Vascular Laser: Each wart is treated by the laser and works by cutting off the blood supply. This treatment can be very painful (topical anesthetic can be applied before or after treatment). After treatment the area may form into a blister. The blister can be popped with a sterile needle, and covered with a dry bandage. You can resume normal activity; it is fine to get the area wet.

It generally takes more than one treatment for the wart to resolve, treatments are done one month apart.

Zinc 50mg: Taking 50mg of Zinc once a day has been shown to help the body fight off the wart virus. Take this with food, as it may upset your stomach. This may be used in combination with the above treatments. Continue taking Zinc one month after your wart has resolved. You can purchase Zinc 50mg capsules over the counter, but are for sale at our office for your convenience.

If there are any questions or concerns about your treatment, you can call our office at 239-561-3376 and ask to speak with a medical assistant.