

Post-Op Instructions
Laser Treatments



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Vascular Laser

- The treated area may show a reddish/bruised discoloration. This generally lasts 3-5 days but can be covered with makeup if desired.
- Discomfort and stinging may also occur, but typically lasts no longer than a few hours. Tylenol may be taken during this time period if needed.
- All patients should avoid the sun two weeks prior to and after laser treatment. It is a good idea to wear a sunscreen of 30 SPF or higher during your treatment course.
- In most cases, three treatments may be required for best results; generally treatments are done every month.
- Following laser treatment you may return to normal activities.

Laser Hair Removal

- Area treated today may be slightly red and tender. This is normal and usually subsides within a few hours.
- Do not be alarmed if there is no change in the next few days. Treated hairs can take up to two weeks to fall out.
- All patients should avoid the sun two weeks prior to and after laser treatment. It is a good idea to wear a sunscreen of 30 SPF or higher during your treatment course.
- Do not pluck or wax hairs two weeks before your next appointment. You may clip or shave.
- Following laser treatment, you may return to normal activities.

Post-Op Instructions

Laser Treatments

Acne Laser

- After the laser procedure, your skin may be slightly red and tender. This redness usually subsides within a few days.
- All patients should avoid the sun two weeks prior to and after laser treatment. It is a good idea to wear a sunscreen of 30 SPF or higher during your treatment course.
- It is safe to continue with your other acne medications, any topical creams or pills, during laser treatments.
- Following laser treatment you may return to normal activities.

In most cases, three treatments may be required for best results; generally treatments are done every month.

Tattoo Removal

- After the laser procedure, your skin may be scabbed. This scabbing usually subsides within a few days.
- Discomfort and stinging may also occur, but typically lasts no longer than a few hours. Tylenol may be taken during this time period if needed.
- If a crust or scab develops, allow it to fall off on its own. Do not pick at the area. Keep the area moist with Polysporin ointment until the crust falls off.
- The amount of treatments varies depending on the size and coloring of your tattoo. Generally treatments are done every month.
- Following laser treatment you may return to normal activities.

Fraxel Laser

- After the laser procedure, your skin may be slightly red, tender, and swollen. This redness and swelling usually subsides within a few days.
- After the laser procedure, we recommend using a moisturizer 2-3 times a day.
- All patients should avoid the sun two weeks prior to and after laser treatment. It is a good idea to wear a sunscreen of 30 SPF or higher during your treatment course.
- Avoid using products, such as Retin-A, Renova, Avage, and topical corticosteroids for 1-2 weeks.