

*Cosmetic Fillers Post-Op Instructions*  
**RESTYLANE, JUVEDERM, PERLANE, RADIESSE**



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- Some bruising is normal and may last for 5 – 7 days. Aspirin, Vitamin E and non-steroidal anti-inflammatory drugs may make bruising worse; however, we normally do *not* recommend discontinuing these drugs. Some bruising following these procedures is expected.
- There will be minimal discomfort for a day or two.
- You may apply makeup immediately following the treatment.
- Some lumpiness and swelling is normal and lasts up to 7 days. Swelling typically is the worst two days after treatment.
- Some patients need more treatment for optimal results.

If you have any questions or concerns, we are here for you, please call our office at (239) 561- 3376 and ask to speak with a medical assistant.

The Medical Assistant who cared for you was: \_\_\_\_\_